



BMX RULES AND REGULATIONS 2023

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INTRODUCTION

ABOUT CYCLING SOUTH AFRICA

CyclingSA is the **national governing body of cycling** in South Africa and is affiliated to the International Cycling Union (UCI), South African Sports Confederation and Olympic Committee (SASCOC). Though not limited to, it governs **five disciplines, road cycling, mountain biking (MTB), track cycling, bicycle motocross (BMX), para-cycling**, it's National Championships and Teams. It has nine provincial affiliates with ten additional regional affiliations and makes provision for other associate members within cycling.

ABOUT THE NATIONL BMX COMMISSION

The National BMX Commission is a Commission of Cycling South Africa.

The Commission will function as the decision-making body around BMX affairs and is empowered to take decisions and immediately undertake any action as prescribed in the Cycling SA Constitution.

The BMX Commission shall have the final decision in all matters relating to BMX competition as covered in this rulebook.

The Rules, Regulations & Information in this document has been compiled by the BMX Commission of Cycling SA in conjunction with the UCI BMX Regulations version 01.01.2023 currently in use.

Please take the time to familiarize yourself with the content of this document.

GENERAL ORGANIZATION OF THE SPORT

1. CYCLING SA LICENSE FEES

1.1 Requirements for riders to accrue series points for the National BMX Cup Series and to participate at the National Championships the following is required - Membership and a Racing License (if applicable) from Cycling SA, Provincial Affiliation and BMX Club Affiliation.

1.2 Membership:

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1.2.1 R 250.00 per 12 month cycle.

1.2.2 Compulsory for all riders.

1.3 Racing License

- 1.3.1 An additional Racing License is required for riders 17 years and older.
- 1.3.2 R 500.00 per year and valid from 1st January to 31st December each year.

1.4 Day Licenses

- 1.4.1 R 50.00 per day – Permitted to participate in the SA Cup Series but the holder will not accrue series points.
- 1.4.2 Day License holders are not permitted to participate in the BMX National Championships.

1.5 Provincial Levy

1.5.1 Provinces charge an additional levy to assist with the development and running of the provincial structures. These levies vary from province to province. Your province, which is made up of the clubs, will provide the information as to what and how these funds are utilised within your province, as these are determined by the input from clubs at regional and provincial meetings.

1.6 All riders are required to affiliate to a BMX Club. Club Membership and Track Maintenance fees are determined by the club.

1.7 The following Administrators & Officials are required to take out Membership/Support licenses:

- 1.7.1 National/Provincial/Club Commission Members
- 1.7.2 Regional & National Commissaires
- 1.7.3 Coaches
- 1.7.4 BMX Team Managers

1.8 International Racing License

1.8.1 To participate in International UCI events, an additional R350 is required to facilitate the upgrade to an International UCI Racing License.

1.8.2 No International License will be issued without proof of Medical, Travel and Repatriation Insurance.

1.8.3 All Licenses will be issued with “valid from” and “valid Until” fields which will be determined by the insurance provided.

1.8.4 An Additional administration fee of R 350.00 shall be paid directly to Cycling SA upon the application of the International License.

1.8.5 Cycling SA will issue a letter of permission to participate Internationally reflecting all insurance particulars.

2. AGE OF RIDERS

2.1 A rider's age is determined by how old he/she will be at the end of the year (31st December 2023). A simple calculation, is the current year (2023) minus the year in which the rider was born (2008), thus the rider will compete in the 15-year-old class.

2.2 It is the duty of the rider to ensure that he/she is in the correct age class.

2.3 If a rider has incorrectly been listed on the moto sheets, this must be brought to the attention of the Administrator, before the start of the competition.

2.4 Should a rider ride in the incorrect age class, he/ she will **not** score points.

2.5 Except as provided in the combination rules, no rider is permitted to compete outside his age group.

3. CLASSIFICATION OF RIDERS

3.1 Riders registered to compete at an event will be classified according to their age, gender and bicycle style and competition level.

3.2 Two types of bicycles can be used during BMX events, which are differentiated by the size of their wheels, as described in point 16

3.3 A rider aged 16 years and over may choose to compete at either Championship (Elite) or Challenge level at the beginning of the season.

4. RACING CATEGORIES

4.1 The Racing Categories shall be as follows:

STANDARD BICYCLE (20")			
NOVICE		EXPERT	
CATEGORY	BIRTH DATE	CATEGORY	BIRTH DATE
5 Years & under	2018 & after		
6 Years	2017	6 Years & under	2017 & after
7 Years	2016	7 Years	2016
8 Years	2015	8 Years	2015
9 Years	2014	9 Years	2014
10 Years	2013	10 Years	2013
11 Years	2012	11 Years	2012
12 Years	2011	12 Years	2011
13 Years	2010	13 Years	2010
14 Years	2009	14 Years	2009
15 Years	2008	15 Years	2008
16 Years	2007	16 Years	2007
17 Years & over	2006 & before	17 – 24 Years	2006 – 1999
		25 Years & over	1998 & before
		ELITE MEN	2007 & before
*GIRLS CLASSES – EXPERT			
		CATEGORY	BIRTH DATE
		8 Years & under	2015 & after
		9 – 10 Years	2014 – 2013
		11 – 13 Years	2012 – 2010
		14 – 16 Years	2009 & 2007
		17 Years & over	2006 & before
CRUISER BICYCLE (24") – EXPERT			
		CATEGORY	BIRTH DATE
		16 – 29 Years	2007 -1994
		30 – 39 Years	1993- 1984
		40 - 49 Years	1983 – 1974
		50 Years & over	1973 & before
NOVICE MEN	OPEN	Ladies 25 Years & over	1998 & before

4.2 The BMX Commission can decide in advance to combine or create additional girls classes based on the entries received after the stipulated closing date of entries. No late entries will be accepted. The BMX Commission's decision is final in these matters. – ONLY APPLICABLE TO GIRLS CLASSES.

4.3 Refer to "Age Group Combination in Novice and, Expert Boys and Girls Categories" for the combination of categories at the national BMX cup series.

PROCEDURES

5. COMBINATION RULES

- 5.1 Four riders shall constitute a category at the **BMX Cup Series** with the exception of the girl's and Novices classes where three RIDERS will constitute a category.
- 5.2 Five riders constitute a category at the National **Championships** event.
- 5.3 If less than the specified riders register for a category, they will be combined with the next older category until a legal class is formed.
- 5.4 Should these categories remain combined for the majority of the year, this is where the rider will be awarded on the day and at Year-end – BMX CUP.
- 5.5 However, Cruiser categories with a maximum age of more than 50 years shall be combined with the next younger category (40 – 49 years).
- 5.6 In the case that any category cannot be combined according to these rules, the category shall not be run. In the interest of the sport, the BMX Commission can make an exception if no other alternatives are available.
- 5.7 If the adequate number of riders are registered and confirmed on the moto sheets, the category will be run even if less riders show up at the start.
- 5.8 The category will not be combined in cases where injury or illness prevents the required number from actually engaging in competition.
- 5.9 No rider is permitted to compete outside of his/her age group during the BMX CUP Series and National Championships.
- 5.10 Exception – A Selected rider – on recommendation from the SELECTORS, HP COMMISSIONER and if the BMX Director and Provincial Commissioners are in agreement.

6. BMX RACE COMPETITION FORMAT

A BMX Race is composed of three phases:

- The Motos
- The Qualifiers
- The Final

6.1 The Motos

6.1.1 Motos are subdivided into three rounds

6.1.2 At the end of the three rounds, the riders for each category with the best overall result shall transfer to the qualifiers or the final, depending on the number of registered riders.

6.2 The Qualifiers

6.2.1 The qualifiers are the elimination Phase of a BMX Race. They are held for categories with seventeen or more registered and confirmed riders.

6.2.2 The top four riders from each heat shall transfer to the next round of qualifiers or final

6.3 The Final

6.3.1 The final is the last phase of a BMX Race consisting of a single heat.

7. PRACTICE

7.1 Only riders that are registered for the event will be permitted on the track during official practice.

7.2 At least one official practice session consisting of at least 4 laps, including gate starts, will precede the racing at any event. Separate practice times shall be allocated to designated groups.

7.3 Official gate starts are the Friday from 14h00 – 16h00 before the event.

7.4 All the applicable protective gear and correct number boards to be used. **Random** Scrutineering will be done by the officials. A rider who does not comply with the safety rules will be excluded from the practice session until the correct equipment/ safety gear is in place. It is the responsibility of the rider/parent/manager to conform to all regulations.

8. RIDERS BRIEFING

- 8.1 A compulsory riders briefing will be scheduled by the Chief Commissaire for Saturday before commencement of the competition. Team Managers and parents of young riders are encouraged to attend the meeting.
- 8.2 The purpose of this meeting is to inform riders of any additional regulations that may be in force during the race and to give further instructions regarding the general conduct of the race.

9. STAGING AND GATE POSITIONS

- 9.1 The gate starting positions for motos shall be determined by the Sqorz system and each moto will be drawn by computer algorithm. The draw is done once the entries are confirmed and verified. It is the rider and parent's responsibility to ensure that the race number, on the moto sheets, corresponds to the one on the riders's bicycle.
- 9.2 The gate starting positions for the final shall be determined by the finish placing from the 3 motos OR previous qualifiers. First placed rider has first lane choice.
- 9.3 All riders must start in the designated gate position. The penalty for refusing to move to the correct gate position when directed to do so by the official responsible for the start hill, or for starting from any other gate position if the situation is not noticed prior to the start is disqualification (DSQ).
- 9.4 It is each rider's responsibility to be in the staging area and on the gate at the appropriate times. If the rider is not on time for staging, the rider will lose the gate pick position and must choose the gate last (in the case of lane choice) A rider's bike number will be called 3X by the staging official, if the rider does not respond and is not present, the rider will receive a DNS.
- 9.5 In the case of a rerun, all riders must start in the same gate position as previously designated.
- 9.6 Any rider who interferes or attempts to delay the start procedure for a reason not accepted by the president of the Commissaires panel may be disqualified (DSQ).

10. SCORING AND TRANSFERS

- 10.1 A rider who fails to start in a moto will be scored as a Did Not Start (DNS). A rider will be awarded 2 more points than the number of riders listed on the start list.
 - 10.2 The rider will be ineligible to transfer if he fails to start more than one moto.
 - 10.3 In the event of a tie, the tie breaker will be the rider's best finish in the preceding qualifiers (in descending order 3rd, 2nd 1st moto finish result) where the riders in question have ridden together.
 - 10.4 A rider who starts but does not complete a moto will be recorded as Did Not Finish (DNF) and will receive a score equal to the number of riders who started the moto.
 - 10.5 A rider who starts but has been relegated by the commissaires will be recorded as "relegated" (REL) and will receive a score equal to the number of riders who started the heat plus 2.
 - 10.6 One or more of the following scoring systems may be used for BMX Competitions:
 - 10.6.1 Finish line Officials. There shall be a minimum of 5 qualified officials who shall be responsible for recording the finish positions of every rider as he/she crosses the finish line in each race. The official finish positions of each race shall be determined by a simple majority of the officials. The official finish results shall be transmitted to the finish line administrator. If this is the only system in use camera and video footage cannot be used to determine finishing positions.
 - 10.6.2 Scoring with finish line video equipment. Video camera equipment shall be so installed as to be directly aligned with the finish line at ground level or directly above. The video camera shall have an unobstructed view of the finish line on the track surface.
 - 10.6.3 Timing transponders. When used, the rider is solely responsible for the correct attachment of the transponder during the event. If transponders are used, any rider who starts in a heat without a transponder shall be scored DNF.
- Information TBA once available on the intention to implement a Timing System at National events
- 10.6.4 Photo Finish. Photo finish is defined as equipment able to take photographs at a minimum rate of 1 000 frames per second.

10.7 Invalid Results Marks (IRMs):

Several different types of **Invalid Results Marks** are defined below:

- 10.7.1 Did Not Finish (DNF)** A rider who starts, but for some reason does not complete a heat or as pronounced by the commissaires panel, will be recorded as "Did Not Finish" and will receive a score equal to the number of riders who started the heat. The rider will be eligible to transfer to the next round of the competition.
- 10.7.2 Relegation (REL):** A rider who starts but has been relegated by the commissaires panel will be recorded as "Relegated" (REL) and will receive a score equal to the number of riders who started the heat plus 2. The rider will be eligible to transfer to the next round of competition.
- 10.7.3 Did Not Start (DNS):** A rider who fails to start in a heat, regardless of the reason, will be scored "Did Not Start". For the purpose of determining his transfer eligibility, such a rider will be awarded 2 more points than the number of riders on the start list.
- 10.7.4** The rider will be ineligible to transfer from the motos to the next phase of the BMX race if he is scored as "Did Not Start" two or more times.

10.8 Within the results for each heat, riders scored with IRM's are classified after all riders who finishes the heat. Taking this into account, riders scored with IRM's are classified in the following order:

- 10.8.1** Riders scored DNF
- 10.8.2** Riders scored REL
- 10.8.3** Riders scored DNS

10.9 In case of multiple riders scored as DNF, REL or DNS in a heat, the tiebreaker will be as follows:

- 10.9.1** Position in previous heat

11. START

A BMX race shall have started using a starting gate equipped with a voice box starting system.

12. FINISH

- 12.1 A rider shall have finished at the moment when the tyre of the leading wheel touches the vertical plane rising from the starting edge of the finish line. The bike and the rider have to cross the finish line together. After crossing the finish line in a race, each rider shall proceed to the area where the finish poles assigned to the race are located and stand beside the pole whose number corresponds with the finish position you think you achieved. Each rider shall remain in the position until they have been dismissed by a race official. Penalty for infraction of this rule could be disqualification/deduction of points or placed last in that particular moto.
- 12.2 At least two (2) riders need to cross the finish line for a race to be valid.
- 12.3 In case the race is not declared valid, a restart of minimum three riders shall be done within 15 minutes. – Declared by Commissaires.
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- 12.4 In case of no restart, the result for the previous round will be declared the final result.
- 12.5 The finish area is out of bounds to parents and spectators. Should a rider wish to protest, it can only be done by a Team Manager, in writing and within 15 minutes after the race and before the next moto. If a rider is not a member of a team, the parent may approach the finish line area and ask to see the President of the Commissaires Panel. No verbal abuse, profanities or conduct detrimental to the sport will be tolerated.

13. CANCELLATION PRIOR TO THE FINAL – RAINED OUT

- 13.1 In case of cancellation prior to the final, the results of the last completed round will be declared the final result.
- 13.2 Should more than one leg be cancelled, the total number of legs, to qualify and to count, for year-end awards, will be adjusted accordingly.
- 13.3 The Race Director, Technical Commissioner and the Commissaires panel will make the final decision in the event of rain effected events. Their decision will be final and binding.

14. TRACK FLAGS

14.1 Flags of the colours listed below may be used by track officials as a means of communicating with each other and to riders on the track. These flags have the following meanings:

14.1.1 GREEN FLAG: The track is unobstructed and racing can proceed.

14.1.2 YELLOW FLAG: The track is obstructed and racers should be held at the gate.

14.1.3 RED FLAG: Riders on the track should stop immediately and await further instructions at the exit from the finish area. Only the President of the Commissaires Panel or the Commissaire designated by him shall use the red flag.

EQUIPMENT

15. CLOTHING AND SAFETY EQUIPMENT

15.1 INSPECTION

15.1.1 Before official practice, before the start of, or during the course of any competition or event, the rider, his bicycle, helmet and clothing may be subject to inspection by commissaires in order to ascertain whether or not this equipment conforms to these rules.

15.1.2 Any rider whose equipment is unsafe in the opinion of the commissaires, whether or not it fails to comply with a specific provision of these rules, shall not be permitted to ride on the track.

15.1.1 Any rider who does not comply with all instructions given to him by the commissaires with respect to his equipment shall not be permitted to compete in any event.

15.2 Helmet and protection

15.2.1 15.2.1 Helmets must be of full-face construction equipped with a visor that has a minimum length of 10 centimeters.

15.2.2 Helmets must be worn with the straps securely fastened whenever a rider is practicing or racing. When racing, from the start until the point in time when a rider completes the heat by crossing the finish line, if a rider's helmet is removed for any reason, that rider shall be considered as having abandoned the heat in question and will be scored DNF

15.2.3 Open face helmets are not allowed.

15.2.4 Recommended protection:

- 15.2.4.1 back, elbow, knee and shoulder protectors made of rigid materials
- 15.2.4.2 protection of the cervical vertebrae. (Neck Brace)

15.3 Jersey

- 15.3.1 The jersey shall be a long-sleeved shirt with sleeves extended down to the rider's wrists.
- 15.3.2 Lycra is not permitted.
- 15.3.3 The jersey must either be close fitting around the waist or must be tucked into the pants before the start to not cause interference.
- 15.3.4 Only riders with UCI career numbers may have their number printed on the back of their jersey. No other rider will be permitted to have their number on their race jersey and will be turned away at staging or will be Relegated if they compete in a race. – In Force 01.01.2023

15.4 Pants

- 15.4.1 The aim of BMX leg wear is to provide protection and reduce the risk of injury. This can be achieved either with long pants or with short pants combined with suitable knee and shin protection. Such long or short pants must be of a type that is specifically designed and sold to provide protection in BMX, Motocross or Downhill MTB events. Custom produced pants or shorts of this type and matching the requirements outlined are permitted.
- 15.4.2 LONG PANTS: Must be one-piece construction and made of tear resistant material. They must cover the entire length of both legs until just above the shoe or ankle.
- 15.4.3 SHORT PANTS: Of the type described above must be loose fitting, of one-piece construction and made of tear resistant material. They must be worn together with suitable leg protection that covers the entire knee and the entire shin until just above the ankle. Protection that is designed to only cover the knee or only cover the knee and part of the shin shall not be accepted. Such protection must be of a type that is specifically designed, constructed and sold to protect the knee and entire shin for BMX, Motocross or Downhill MTB.
- 15.4.4 Pants or shorts of tight-fitting stretch material are not permitted, as such material is not considered as tear resistant. Such pants, shorts or leggings may only be worn under acceptable long pants or shorts, or to cover acceptable knee and shin protection, or under or as part of the construction of that protection. Such material shall not in and of itself be considered as a protective element.

15.5 Gloves

- 15.5.1 Whenever riding or racing on the track, all riders must wear gloves with fingers completely covered.

15.6 Accessories

- 15.6.1 Any aerodynamic accessories on personal equipment is not permitted.
- 15.6.2 Cameras are not permitted during racing. The Commissaires panel can decide to allow a camera during racing but only for the usage TV production. Metal/permanent fixtures to attach the cameras are not allowed, tape and Velcro are allowed.
- 15.6.3 Cameras as described above is only allowed in the Championship Categories.
- 15.6.4 Any use of radio links or other remote means of communication by the competitors is not permitted.

16. BICYCLE

All bicycles used for competition must meet the general specifications provided in this chapter.

16.1 Frame

- 16.1.1 The bicycle's frame must be of sufficient strength to withstand the rigors of BMX racing and be devoid of any cracked or bent frame members or welds which are cracked or otherwise deficient.
- 16.1.2 Aerodynamic accessories, chain guards, side stands, mud guards, sheet metal accessories such as simulated fuel tanks, butterfly nuts, any superfluous welded or mechanically fastened fittings such as chain guard lugs, frame mounted reflectors and any other sharp protruding objects are not permitted.
- 16.1.3 All components, accessories and other parts must be firmly attached to the bicycle.

16.2 Wheels

- 16.2.1 Wheel axles may not protrude more than 5mm beyond the hub nuts.
- 16.2.2 Bicycles with 20" wheels may be raced only in standard categories and may not exceed 57 cm (22 ½") in diameter with the tyres inflated.
- 16.2.3 Cruisers may be raced only in cruiser categories and shall be no less than 57 cm (22 ½") and no more than 66.05 cm (26") in diameter with the tyres inflated.
- 16.2.4 Quick release axles are not recommended but may be used if the release levers are taped or wired in the locked position.

16.3 Handlebars

- 16.3.1 Maximum width of handlebars on both standard bicycles and cruisers shall be 74 cm (29").
- 16.3.2 The maximum rise of handlebars on both standard bicycles and cruisers shall be 30 cm (12").
- 16.3.3 Handlebar grips are mandatory and must completely cover the ends of the handlebars.
- 16.3.4 Handlebars that are cracked or bent are not permitted.

16.4 Steering Head

- 16.4.1 The forks must turn smoothly in the headset bearing without binding or excessive play.
- 16.4.2 The stem may not protrude above the headset lock-nut by an amount that exceeds the manufacturer's recommendation or by more than 5 cm if no maximum height mark is inscribed on the stem.

16.5 Brakes

- 16.5.1 All bicycles entered in competition must be equipped with an effective rear brake, which must be operated by hand.
- 16.5.2 The rear brake cable/hose must be secured to the frame.
- 16.5.3 A front brake may be fitted, but is not required.
- 16.5.4 The free end of the handbrake lever must be smoothly rounded or covered in such a manner as to prevent it from presenting a hazard.
- 16.5.5 All exposed cable ends must be capped, soldered or covered to prevent fraying.

16.6 Seat

16.6.1 The seat base must be constructed of material that is sufficiently strong to resist penetration by the seat post.

16.6.2 The seat post must be secured to the seat tube by means of a seat post clamp. This clamp's fixing bolt may protrude from the body of the clamp by no more than 5 mm

16.7 Crank, Pedals and Gears

16.7.1 Crank arms may be of any length so long as they do not compromise the bicycle's ground clearance.

16.7.1 The bottom bracket bearings must be adjusted so as to allow the cranks to spin smoothly and without noticeable play.

16.7.2 Pedals must be securely attached to the crank arms. Toe clips and straps are not permitted. Interlocking pedal-cleat systems are allowed for Expert BOYS 13 and older and Expert GIRLS 14 and older.

16.7.3 Where an interlocking pedal-cleat system is used, the rider must be able to demonstrate the ability to engage and release from the pedals upon any request from an official at an event.

16.7.4 Multiple speed gear systems are permitted.

16.8 Number Plates

- 16.8.1 During competition, riders shall be identified by an identification number.
- 16.8.2 Each bicycle entered into competition must have a number plate attached to the front of the handlebars. The upper edge of this number plate may not extend above the crossbar safety pad on any handlebars having a crossbar.
- 16.8.3 Number plates must be made of plastic or other similar flexible material.
- 16.8.4 Minimum sizing requirements of numbers: Height – 7cm, Width – 4.5cm, Line Width (spacing between the numbers) – 1,5cm.
- 16.8.5 Riders must use the plate and number colour combinations as specified for the category in which they are racing as follows:

CHALLENGE LEVEL	BOARD COLOUR	NUMBER COLOUR
BOYS, MEN & MASTERS	YELLOW	BLACK
GIRLS & WOMEN	BLUE	WHITE
CRUISER	RED	WHITE
CHAMPIONSHIP LEVEL	BOARD COLOUR	NUMBER COLOUR
JNR MEN & WOMEN (ELITE)	BLACK	WHITE
MEN & WOMEN (ELITE)	WHITE	BLACK



16.8.6 Procedures to apply for race numbers:

- 16.8.6.1 All riders in South Africa apply to their BMX Club for a race number. Clubs to submit their requests to the Provincial Administrator who will forward the request to the Technical Commissioner.
- 16.8.6.2 All race numbers are issued and controlled by the Technical Commissioner. Only registered numbers will be acknowledged at a National event.
- 16.8.6.3 New riders will be issued a random available number when they affiliate to a club.
- 16.8.6.4 Special note: Boys 16 Years that choose to compete in Championship Level for 2023 season, are required to ride with the CHALLENGE LEVEL colours (Yellow Board/Black Number).
- 16.8.6.5 Only SA numbers issued in 2022 are valid. SA Number boards can be used at all BMX events in South Africa. A rider cannot use a number earned in previous years.
- 16.8.6.6 It will be compulsory for riders to use their SA numbers at the 2023 SA National BMX Championships.
- 16.8.6.7 World and Career numbers issued by the UCI takes president over any other numbers.
- 16.8.6.8 All specialized number boards to be approved by the Technical Commissioner.
- 16.8.6.9 A rider who fails to display the correct number according to specifications will be refused their start, or relegated.
- 16.8.6.10 The area of the plate that provides a background for the number, must be kept free of marking, stickers or other impediments to the number's legibility.

CONDUCT

17. INFRINGEMENTS, PROTESTS AND PENALTIES

17.1 INFRINGEMENTS

17.1.1 The infringements described in this section will be penalised by the commissaires panel.

17.1.2 If necessary, the commissaires will determine whether an infringement was caused deliberately or not. An infringement is considered to be caused deliberately, in the event that it could have been avoided.

17.1.3 Infringements shall be categorized as:

17.1.3.1 Deliberate Interference

Interference is often a complex offence, given that BMX is a contact sport. The Commissaires will determine whether it was deliberate or not. If an infraction or interference can be avoided, and is caused, the Commissaires may determine it as being deliberate.

17.1.3.2 Deliberate force of the Track

A rider must not force another rider off the track deliberately.

17.1.3.3 Track Re-entrance

Any rider who leaves the track during a heat or run must, regardless of the circumstances, re-enter the track at the nearest safest point. He shall not interfere with the progress of any other rider or cut the track in order to gain an advantage.

17.1.3.4 Contact

A rider shall not cause any part of his person or bicycle to come into contact with another rider's person or bicycle during a heat with the intention of impeding that rider's progress so as to overtake him or cause him to be overtaken by another Rider.

17.1.3.5 Obstruction on the final straight

The lead rider shall have the right to choose his line on the track and through the corners. When on the final straight, however, the lead rider shall not deliberately obstruct another rider from passing.

17.1.3.6 Team Riding

Team riding or helping other competitors to gain a higher finishing position is prohibited.

17.1.3.7 Third Person Interference

No person shall interfere with a heat or run for any reason.

17.2 PROTESTS

17.2.1 General Rules

- 17.2.1.1 In any BMX event, a protest concerning the scoring of a rider may be filed with the President of the Commissaires panel. The scoring of a rider shall mean only the records produced by the Finishline Administrators of the order in which the riders in the heat crossed the finish line and not the decisions of the commissaires panel such as IRM's.
- 17.2.1.2 Protests regarding judgement decisions during a competition are not accepted. The Commissaires in charge shall make decisions on the spot through the President of the Commissaires panel in case of any incidents or irregularities occurring during the competition.

17.2.2 How to protest

- 17.2.2.1 A rider wishing to make a protest may only do so in writing. The protest must be submitted to the president of the commissaires panel within 15 minutes of the results that has given rise to the protest. The president of the commissaires panel will conduct an investigation and render a decision on the protest prior to the commencement of the next round or phase of racing for the category in which the rider is entered. The decision of the commissaires panel is final and is not open to appeal.

17.3 PENALTIES

- 17.3.1 The Commissaires panel may, without prejudice, penalise a rider who commits an infringement of the BMX Rules and Regulations as set out in this document.

- 17.3.2 Penalties may be as follows:

17.3.2.1 Official Warning

A rider may receive an official verbal warning for certain misconduct. The first warning issued to a rider at an event carries no specific penalty other than the advice of the warning, however the issuing of a subsequent warning for the same, or any other offence within the same event, will result in the rider's disqualification from the event.

17.3.2.2 Relegation

A rider may be "Relegated" (REL) and will receive a score equal to the number of riders who started the heat plus 2.

17.3.2.3 Disqualification

A rider may be Disqualified (DSQ) and thereby barred from further participation in either the competition category in which the infringement occurred or the entire event. The rider will receive no points for the event.

17.3.2.4 Removal of an Offender from the Competition Venue

The commissaires panel shall have the power to remove, at its sole discretion, an offender from the competition venue for an offence against any of the provisions set out in this rule book.

17.3.2.5 Suspension

Cycling SA may at its sole discretion and for cause suspend for any period of time, or permanently revoke, the license entitling a rider to compete at a BMX event.

The following offences will result in suspension:

1. Competing under a false name.
2. Use of false information relating to age, category, or any other information at the time of registration in order to gain an unfair advantage.
3. Conspiring with one or more riders to pre-determine the outcome of any heat.
4. Offering, giving or receiving either directly or indirectly any bribe or other incentive intended to influence the outcome of a heat from any other person, including without limitation, riders, commissaires, officials and spectators concerning a BMX competition.
5. Willfully entering or riding a bicycle that does not conform to the rules of the competition, including altering, removing, tampering or misrepresentation of a lap time scoring system device.
6. Altering the specifications of any bicycle after inspection that results in an infringement of the rules of competition.
7. Engaging in any unfair practice, misbehavior or action detrimental to the sport of BMX, whether or not related to a specific event.

- 17.4 For avoidance of doubt, the commissaires panel does not have the authority to suspend a license holder. A suspension may only be pronounced by the UCI, or the competent national federation for events registered on a national calendar.

18. GENERAL RULES AND CONDUCT ON THE TRACK

- 18.1 It is compulsory for Elite riders to ride the PRO SECTION in the motos, qualifiers and the final.
- 18.2 Interlocking pedal-cleat system are allowed for Expert Boys, 13 years and older and Expert Girls, 14 years and older. a Rider competing in an age group younger than their actual age group will not be allowed to ride with interlocking pedal-cleat system if the balance of the age group is at a disadvantage. The entire class will be on flat pedals.
- 18.3 Riders who have registered for the competition are the only riders allowed to ride or practice on any part of the track on the days of the competition.
- 18.4 The Commissaires panel are the final authority at any competition and have the right to impose a penalty on any competitor, parent, spectator or Team Manager in the interest of safety, or for violation of these rules.
- 18.5 Any rider found to be competing while intoxicated will be disqualified from the event and may suffer further penalty at the discretion of the BMX Commission of South Africa.
- 18.6 A rider who deliberately cuts in front of other riders in a dangerous manner, causing them to fall or take evasive action may be penalized by the Commissaire's.
- 18.7 It is the responsibility of all race entrants to make sure they are entered on the moto sheets in their correct age and with their correct racing number.
- 18.8 Only Novice riders aged 5 and under may be assisted in starting. (Back wheel between their legs and hands behind their backs). No other parent, spectator or team manager may be at the start area.
- 18.9 A rider who is unable to remain steady in the gate may be asked by the starter/commissaire to place a foot on the ground during the start procedure. Should such a rider interfere with any other rider he/she may face disqualification.
- 18.10 Misconduct on Social Media will be referred to Cycling SA and suspension will be recommended.

- 18.11 If a race is stopped before it's conclusion, riders must return to the Staging area and a wait for instructions.
- 18.12 If a rider falls or is forced to stop due to a bicycle problem, he must remove himself and his bicycle from the track in order to get out the way of others.
- 18.13 Use of Radio links or other means of remote communication is forbidden.
- 18.14 All riders must observe the rules and follow all instructions given to them by any Commissaire or Official at all times during the course of the event.
- 18.15 Every rider must at all times conduct him / herself according to the ideals of good sportsmanship and avoid bringing the sport into disrepute. Use of foul or obscene language is forbidden.
- 18.16 Riders removing their Helmet during the race will be penalized either by DNF or Relegation determined by Commissaires Panel. The Helmet may only be removed by Medics if required to do so for medical reasons.

19. IN THE INTEREST OF RIDER SAFETY AND IN THE SPIRIT OF FAIR PLAY

- 19.1 No spectator or rider is to cross the track at any time whilst other riders are practicing or during a race meeting.
- 19.2 A rider may not ride the wrong way on the track.
- 19.3 No congregation on any part of the track is allowed.
- 19.4 Riders to wear full face helmets at all times when on the track.
- 19.5 Riders to wear full protective gear when official practice commences.
- 19.6 Only officials with official bibs are allowed on the track.
- 19.7 No riders are allowed on the track when it has officially been closed i.e. lunch break, riders briefing and prize giving. Any rider on the track when it has officially been closed could face disqualification or points deducted.
- 19.8 Parents and Team Managers are under no circumstances to intimidate other riders in any way.
- 19.9 No talking or shouting of encouragement is allowed in the starting area.
- 19.10 A rider must be physically fit to compete. If a rider is carrying a serious type of injury, the medic/doctor with the referees must declare he/she fit before he/she may continue to enter or participate in the competition.

COMPETITIONS

20. SOUTH AFRICAN NATIONAL BMX CUP SERIES – CHALLENGE CATEGORIES

- This series will consist of (3) three events each being staged at venues as specified in point 20.1
- The (3) three series events shall comprise of eight (8) legs
- Each leg shall comprise of (3) three motos plus the necessary qualifiers and (1) one main. All points to count
- Gate start positions for the 3 motos will be determined by the Sqorz system. Lane choice for qualifiers and mains based on points scored in the motos and qualifiers.
- Rider Categorization - point 20.5 - If less than the required riders register for a category, they will be combined with the next older category until a legal class is formed. Exception: Cruiser category 50 years and over will be combined with 40 – 49 year.
- **Race Day Awards:** - A maximum of (3) three medals, based solely on the mains of each leg, will be awarded to the top placed riders.
- **YEAR-END AWARDS:-** To qualify a rider must have scored points in at least (5) five of the (8) eight legs. Highest (6) six legs to count towards year-end awards.
- (3) three trophies/prizes will be awarded to the top (3) qualified riders in every class.
- The champion in every **Expert** class will receive a championship race jersey. **Novice classes will receive trophies.**

20.1 Venues and Dates

VENUE	DAY	DATE	EVENT	TIME
ZONE 7 BMX TRACK - WC	Saturday	8 th April 2023	SA CUP – Series 1 & 2	09h30
ZONE 7 BMX TRACK – WC	Sunday	9 th April 2023	SA CUP – Series 3	09h00
KEMPTON PARK BMX CLUB – GAUTENG	Saturday	1 st July 2023	SA CUP – Series 4 & 5	09h30
KEMPTON PARK BMX CLUB – GAUTENG	Sunday	2 nd July 2023	SA CUP – Series 6	09h00
QUEENSBURGH BMX CLUB – KZN	Saturday	7 th October 2023	SA CUP – Series 7 & 8	09h30
QUEENSBURGH BMX CLUB - KZN	Sunday	8 th October 2023	National Championships	09h00

20.2 Race Entry Fees

Challenge – Expert, Novice & Cruiser Categories R 800.00 per event

20.3 Age Group Combination for Novice & Expert Boys Categories

6 Years & under	Awarded in the combined age group
7 - 8 Years	Awarded in their age group
9 - 10 Years	Awarded in their age group
11 - 12 Years	Awarded in the combined age group
13 - 14 Years	Awarded in the combined age group
15 - 16 Years	Awarded in the combined age group
Girls Classes	Awarded in the combined age groups

20.3.1 Refer to Point 4 for all other categories

20.4 Points

Novice	
1st	40
2nd	35
3rd	30
4th	25
5th	20
6th	15
7th	10
8th	5

Expert	
1st	50
2nd	45
3rd	40
4th	35
5th	30
6th	25
7th	20
8th	15

20.5 Class Categorization

20.5.1 Novice Category - 3 Riders constitute a class

20.5.2 Girls Category - 3 Riders constitute a class

20.5.3 Expert Category - 4 Riders constitute a class

20.5.4 Cruiser Category - 4 Riders constitute a class

20.6 Novice

20.6.1 If a Novice becomes an Expert after the first (3) three rounds: -

20.6.2 The points scored in the best (1) one round as a Novice will count towards his/her year end awards

20.6.3 Ride the next (5) five rounds as an Expert

20.6.4 The total of the points scored as an expert will count towards year-end awards.

20.6.5 A Novice that wins a National BMX Cup Series title will automatically become an expert at the start of the following season.

20.7 Girls Rules – Expert Category Only

20.7.1 The National Commission is encouraging and promoting the growth of girls classes! No girl will be permitted to ride in boys classes with the exception of a girl being selected for the national team or if a girl that has earned a World number the previous year. These girls have to apply to the BMX Commission in writing. The request has to be made 1 week in advance of any national event – Excluding National Championships. If this request is approved, they will be placed one age down.

20.7.2 Clip pedals and shoes are allowed for girls 14 years and older, irrespective of the class entered when racing against girls. When racing against boys 18.2 above apply.

20.7.3 *The BMX Commission can decide in advance to combine or create additional girls classes based on the entries received after the stipulated closing date of entries. No late entries will be accepted. The BMX Commission's decision is final in these matters.
– ONLY APPLICABLE TO GIRLS CLASSES.

21. THE 2023 ELITE SERIES – NATIONL BMX CUP

These rules will take precedence over all previous rules and any Commission rules should they conflict with the rules as specified under the 2023 CHAMPIONSHIP CATEGORIES SERIES heading.

The BMX Commission of South Africa's members shall have the final decision in all matters relating to the Elite series.

21.1 AGE

- The Elite Series is open to all riders that are 16 years and older.
- Riders that choose to participate in the CUP SERIES as an Elite, will do so the entire year.

21.2 ENTRY FEE

- The entry Fee will be R 1 000.00 per event
- Entries must be submitted in accordance with the BMX Commission rules.

21.3 PRO SECTION

- The Pro section can be called compulsory for Elite riders during the motos, qualifiers and the final.

21.4 THE SERIES

- Will consist of 3 events, comprising of 8 Rounds.
- Each round shall comprise of 3 motos, qualifiers a final.
- The Gate start positions for the 3 motos will be determined by the Sgorz system, determined by an algorithm
- Lane choice for qualifiers and mains based on points scored in the motos OR qualifiers.

21.5 SERIES POINTS

21.5.1 All points for motos and finals to count.

21.5.2 POINTS scored in the motos are as follows:

Position	Points
1st	100
2 nd	95
3 rd	90
4 th	85
5 th	80
6 th	75
7 th	70
8 th	65

21.5.4 The overall position for the SERIES will be an accumulation of all the points scored in the motos and finals. 7 Rounds to qualify and Totals points to count.

21.6 EVENTS PURSE

21.6.1 It is the duty of the Hosting Province and BMX Commission to provide the purse for the Elites. The minimum purse available shall be determined by the number of riders and is set out below:

21.6.2 The hosting Province shall provide R 600.00 per entrant and the BMX Commission R 600.00 per entrant to constitute a purse. Example: for 10 Elite entrants the purse shall be **R 12 000.00**

21.6.3 It must be stressed that the formula above is the minimum stipulated purse, however all of the Provinces are obviously encouraged to raise greater sums, this being a definite incentive and will surely act as an attraction to Elite riders.

21.7 AWARDS

21.7.1 RACE DAY: A maximum of 3 (three) medals awarded based solely on the final.

21.7.2 YEAR-END: A minimum of (1) one and a maximum of (3) three trophies will be awarded to qualified riders of the series.

21.7.3 SERIES PURSE: All entry fee money shall be held in trust until year end. 80% of this fund will be paid over to the top 8 qualified Elite riders after year-end awards.

21.8 DISBURSEMENT CALCULATION

All prize money is paid out according to the formula below:

POSITION	PERCENTAGE PAY-OUT
1	40%
2	20%
3	10%
4	8%
5	7%
6	6%
7	5%
8	4%

22. PROVINCIAL SERIES – ONLY EXPERT, CRUISER AND ELITE RIDERS

- This series will consist of three (3) events being staged at the same time as the National BMX Cup Series.
- Inter Provincial Points for Expert, Cruiser and Elite riders are scored in the final moto of round (two) 2, round (five) 5 and round (seven) 7 of the National BMX Cup Series
- The list of selected riders for each Provincial A & B teams must be submitted by each Province to the Race Administrator prior to commencement of the scoring legs.

22.1 Provincial Teams

22.1.1 Maximum of eight (8) riders per team.

22.1.2 Maximum of four (4) teams per Province.

22.1.3 Maximum of two (2) riders per age class.

22.1.4 The Provincial results will be announced after each event.

22.2 Points

Points will be calculated as follows:

Position	Points	Position	Points
1	8	5	4
2	7	6	3
3	6	7	2
4	5	8	1

22.3 Dates

22.3.1 8th April 2023

22.3.2 1st July 2023

22.3.3 7th October 2023

22.4 Age Classes

7 Years and under
8 to 10 years
11 to 13 years
14 & over
Elite
29 & under Cruiser
30 & over Cruiser

22.5 Trophies/awards

22.5.1 Medals will be awarded to each rider of the winning team at the end of each event.

22.5.2 Trophy for the winning Province at the end of each event.

22.5.3 Year-end floating trophy to the winning Province. The points of each Province's highest scoring team at each leg get carried forward to year-end.

22.5.4 Event trophies to be supplied by the National BMX Commission.

22.5.5 It is the Province's responsibility to make sure that the floating trophy is present at the last Inter Provincial race meeting.

22.6 In The Event of a Tie:

22.6.1 Provinces share the floating trophy.

23. CLUB COMPETITION

23.1 With the intention of encouraging larger club & rider participation at national events, the nationals team competition will be held between club teams and not private teams.

23.2 In an effort for clubs to encourage more members to race at nationals, clubs will benefit and be rewarded with more points for each additional rider they have participating in the national. All club members are encouraged to participate in club kit however it is not compulsory.

23.3 There is no cost to the club to enter your team.

23.4 Club Team format and points structure:

23.4.1 Each club to submit a full riders list registered at the club and entered to the national. Select a team of 8 riders who will score in the final as follows:

POSITION	POINTS
1st	8
2nd	7
3rd	6
4th	5
5th	4
6th	3
7th	2
8th	1

- 23.5 The club will then score 1 point extra for each rider representing the club as well as the combined scores of the selected 8 rider team pool.

For example, a club with only 8 members who all win their respective finals would generate $64 + 8 \text{ points} = 72$ and a club with 74 riders where no riders made the final will score $0 + 74 \text{ points} = 74$.

- 23.6 Whilst having a larger club with more riders participating at a National event has a points advantage, it doesn't allow for an unfair advantage as smaller clubs can still remain competitive if they have top scoring riders in their team.

23.6.1 Novice, Expert & Elite riders will score the same points.

23.6.2 Combination rules apply and riders score where they are placed on the day

24. THE SOUTH AFRICAN NATIONAL CHAMPIONSHIPS – Challenge, Cruiser & Championship Categories

VENUE	DAY	DATE	TIME
QUEENSBURGH BMX CLUB KZN	SUNDAY	8 TH OCTOBER 2023	09H00

- 24.1. Novice and Expert classes will be combined for racing at this event.
- 24.2. The event will consist (1) one leg with (3) three motos , the necessary qualifiers and (1) one main (final).
- 24.3. Points are scored in the main (final)only
- 24.4. (5) riders make a category. Should there not be enough riders to make a category; the riders will be moved up until a category is formed. The only exception are the Cruiser categories. Cruiser categories with a maximum age of 39 years shall be combined with the next younger category. Cruiser Category 40 – 49 Years will be combined with the 50 Years and over. And should there not be 5 riders in the 50 years and over they will be combined with the 40 – 49 years category.
- 24.5. Championship Elite Class – less than (5) riders will not constitute a class and they will be combined with the 17 years & over to make a class if necessary.
- 24.6. Should there be categories that do not have qualifying moto's the rider with the highest points (last place after moto's) will be dropped and does not qualify for the final (main) in that specific category.
- 24.7. A Novice rider that earns a SA Number will automatically become an Expert for **following racing season** and will not be permitted to revert back to Novice status.

24.8. RACE DAY AWARDS

- A maximum of (3) three medals will be awarded to the top (3) three riders
- A maximum of (8) eight SA Numbers will be awarded to the riders in the final (main)
- The Elite Champion will be awarded the Cycling SA Champion Race Jersey

24.9. YEAR-END AWARDS

- NONE

BMX TEAMS

25. SPONSORED BMX TEAMS

BMX National events hold advertising and exposure value. For this reason, private teams will be required to pay a fee for a team identity and per rider wearing private team kit.

25.2 Teams must be registered with Cycling SA

25.3 All riders have to be licensed with Cycling SA, a Province and a BMX Club

25.4 Registration Fee: R 500.00 per team + R 100.00 per rider

25.5 Only (3) three riders from a team may be selected to score points per leg

25.6 Teams score points in all the legs of the National Age Group Series

25.7 Each rider in a trade team must wear a matching uniform of his/her team mates whenever he/she is engaged in competition on the track. Exception:- a rider that has earned a race jersey from the UCI, CyclingSA or the BMX Commission - the team logo must be present on the jersey

25.8 No rider may compete for more than one (1) team at a time.

25.9 Riders must submit, to the BMX Administrator, written consent from their Team Manager, prior to moving to another team during the year.

25.10 Points scored for a team remain in the team and does not move with the rider.

25.11 Only riders that have scored points or the team will be awarded at year end.

25.12 Team number boards to be approved by the National Technical Commissioner.

25.13 A rider that is sponsored and displays sponsors logos on his/her race jerseys but does not form part of a team is required to register with BMX SA.

25.14 The 1st Elite rider scores Elite points. Additional Elite riders score Expert points only.

25.15 Team Manager's Responsibilities

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25.15.1 Team Manager's will be held responsible for their riders and must have a Cycling SA Membership & BMX Team Manager's License.

25.15.2

The race commissaries reserve the right to instruct riders to change out of team kit or wear a team jersey inside out, should they not be registered as required.

25.15.3 The Team Manager must identify three (3) scoring riders prior to start of each leg of the NAG Series on a score card issued by the Administrator.

25.15.4 Team Managers are to capture and calculate their team points and submit the scorecard after every event.

25.15.5 The Administrator will verify these scores and team positions will be announced 7 days after the event.

25.15.6 Team managers and riders who intentionally & willfully defy the team rules specified under section (23) will face disciplinary action.

OFFICIATING

26. BMX OFFICIALS

No race meeting can take place without the Officials that assist on and before race day. These volunteers give up their time and enjoyment around the track to do a thankless job for free, please respect our officials

26.1 The Race Director

26.1.1 The Race Director is designated by the host club or Province and with the assistance of the Technical Commissioner shall be responsible for the following:

26.1.2 Arranging for the equipment necessary to conduct a race.

26.1.3 Ensuring that the necessary officials and medics are available and in place prior to and during the racing.

26.1.4 Maintaining a timetable of events.

26.2 The Race Commissaires

- 26.2.1** There should be 3 (three) Race Commissaires at each meeting that forms a Commissaires Panel. The most experienced Commissaire is normally the President of the Commissaires Panel (PCP)
- 26.2.2** The commissaires' panel is the final authority at any competition and has the right to impose a penalty on any competitor, parent, spectator or team manager in the interest of safety or for violation of rules, following the guidelines as described in the Cycling SA BMX rulebook.
- 26.2.3** The **PCP** commissaire shall operate from a position which permits him/her a clear view of the entire track.
- 26.2.4** The **PCP** Commissaire is the only person who can stop a race, by showing the red flag to riders or sound a whistle.
- 26.2.5** Commissaires shall make notes of any rule infringements or incidents that they witness. These notes shall be made available upon request by the **PCP** commissaire.

26.3 The Chief Marshal

- 26.3.1** The Chief Marshal is positioned between the starting gate and the first corner and as such is the first official on the track.
- 26.3.2** His/her duty is to ensure that the track is clear for the next moto to proceed. This is done by showing a yellow or a green flag to the starter after first confirming the flag status of all the other Marshals around the track.
- 26.3.3** The Chief Marshal will also monitor infringements within his/her section including the start ramp.

26.4 Finish line Marshal

- 26.4.1** Finish line area control official shall be responsible for controlling the passage of riders and other persons into and out of the finish line area.
- 26.4.2** He/she shall operate from an area which permits him/her a clear and unobstructed view of the riders as they cross the finish line.
- 26.4.3** Finish line area control official shall also be responsible for maintaining order among the riders waiting in the finish area.

26.5 Race Officials (Marshals)

- 26.5.1 Each track marshal shall operate from a clearly defined position.
- 26.5.2 Their function is to indicate to the Chief Marshal whether or not their section of the track is obstructed by raising a yellow flag.
- 26.5.3 Race officials shall be responsible for monitoring the conduct of the riders on the track and for notifying other officials of conditions on the track which may warrant their attention.
- 26.5.4 Race officials shall be stationed along the track. Race officials shall make notes of any rule infringements or incidents that they witness. These notes shall be made available upon request by the President of the Commissaires Panel (PCP).
- 26.5.5 A Marshal should not assist, reprimand or become involved with any rider.

26.6 The Starter

- 26.6.1** The starter shall be responsible for conducting the start of each race.
- 26.6.2 The starter shall operate the starting gate, and perform such other actions as are necessary and appropriate to assure that each race has a safe and fair start
- 26.6.3 The starter may recommend to the commissaires' that a rider obstructing the starter from carrying out his duties be penalized.
- 26.6.4** The starter will only begin the next moto when shown the green flag by the Chief Marshal.

26.7 The Stager

- 26.7.1 Staging officials shall be responsible for directing riders into the proper staging
- 26.7.2 lanes.
- 26.7.3 They shall announce each race number, age group, and the names of every rider in each race.
- 26.7.4 Riders are individually responsible for following the progress of the race and for arriving on time at the staging area with the correct clothing and equipment.
- 26.7.5 The Stager will inform the Starter of any missing riders (DNS) or moto changes/roll-overs.

26.8 Finish line Officials

- 26.8.1 The finish line Officials are responsible for recording the finishing positions of each rider in each moto as they see it.
- 26.8.2 There will always be an odd number of finish line officials (minimum 5) so that in the case of a close finish, the majority will be taken as the final result.
- 26.8.3 The Finish line Administrator will be responsible for recording and tallying the points on the moto sheets.

26.9 Start Hill Official

- 26.9.1 Starting hill official shall be responsible for checking that riders are in the correct start lane (according to the moto sheets) prior to the start of each race.
- 26.9.2 They are also responsible checking if riders' safety equipment is correct. Starting hill officials shall report to the President of the Commissaires Panel any rider whose safety equipment does not conform to UCI regulations.

26.10 First Aid

- 26.10.1 At least one ambulance and an adequate number of first aid staff shall be in attendance during official gate practice and race sessions. They will be stationed in the infield and a clear exit route for the ambulance must be provided and maintained throughout the progress of the event.
- 26.10.2 Person or persons acting as the Medic/s for the day will be the only person/s allowed to initially attend to an injured rider.
- 26.10.3 It is the Medic's responsibility to ascertain how the injured rider should be treated and handled.
- 26.10.4 Neither practice nor race sessions may take place unless proper medical services are available.
- 26.10.5 A comprehensive report of all injuries must be submitted to the Technical Commissioner after the event.

26.11 Track Announcer/Course Commentator

26.11.1 The track announcer shall be responsible for making formal announcements concerning the competition and for informing riders, spectators, commissaires and officials of any changes to the race schedule.

26.11.2 The course commentator shall provide a commentary of all races for the benefit of the spectators.

26.11.3 He shall not comment on any matter which is opposed to the interests of the sport of BMX in general.

26.11.4 Neither shall he pre-judge the results of any race or comment on possible rule infractions which he may observe.